



Wisconsin Health and Physical Education

2021

Professional Development Convention

October 27-29

Kalahari Resort

Wisconsin Dells, WI

www.whpe.us

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Welcome to the WHPE Convention

Welcome everyone to the 2021 Wisconsin Health and Physical Education Convention. We are so excited to see you in-person this year and hope you have a great experience. We're happy to be back at the Kalahari Resorts and Conventions in Wisconsin Dells, which will be our convention home for the indefinite future.

Many exciting things will take place this week. Start off the convention Wednesday night at the All Convention Social and say hi to friends you may not have seen in quite some time. Be sure to be at the General Assembly on Thursday and hear our Keynote speaker, Scott Todnem, 2019 SHAPE America National Health Teacher-of-the-Year. Join us at the Awards Social Thursday night and help us honor the accomplishments of your colleagues. Finish convention with something new on Friday - the TOY Extravaganza which will feature Wisconsin Teachers-of-the-Year in health, physical education, and adapted physical education.

The theme for my presidency is Reach Everyone and that is what our outstanding presenters will do when they deliver over 80 breakout sessions. Our featured speakers include Karen Fish, 2015 Midwest District Young Professional Physical Education Teacher-of-the-Year, Shannon Maly, 2021 SHAPE America National High School Teacher-of-the-Year, and Allisha Blanchette, 2020 Midwest District Health Teacher-of-the-Year. I am especially pleased we have individuals who are giving their first presentation this year and look forward to having these folks present again in the future.

A quality convention does not just occur on its own. I want to reach out and express my appreciation to the people who made this year's convention happen...Association Manager Nicole Popowich, who does all the behind-the-scenes-work that goes unnoticed, Executive Director Penny Kroening for arranging for the convention app and sponsorships plus doing many more things, Awards Committee Chair Kris Fritz for planning the Awards Social, Volunteer Coordinator Wendy Wiesjahn for securing and scheduling all the volunteers. And, the many volunteers who gave their time to make the convention successful.

Please remember the following individuals during convention. Reach out to Maureen Vorwald and thank her for her service and dedication as WHPE President. Thank members of the Executive Committee and Board of Directors for the work they do guiding WHPE and providing advocacy and professional development to members. Remember the Awards Committee and Grants Committee and the valuable service they provide to members. As you visit the Exhibit Hall, talk with the exhibitors and express your appreciation to them for being at our convention.

Convention is always an exciting time. A time to recharge, rejuvenate, and refresh. A time to see old friends and make new acquaintances. A time to soak in the ever-present enthusiasm. And, a time to go home excited to share new ideas with your students. Thank you for attending this year's convention. I hope you have a great time and return to your teaching ready to Reach Everyone!

WHPE President Dan Timm

National Physical Education Standards

Standard 1 - The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2 - The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Standard 3 - The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4 - The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Standard 5 - The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

National Health Education Standards

Standard 1: Students will comprehend concepts related to health promotion and disease prevention to enhance health.

Standard 2: Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

Standard 3: Students will demonstrate the ability to access valid information and products and services to enhance health.

Standard 4: Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

Standard 5: Students will demonstrate the ability to use decision-making skills to enhance health.

Standard 6: Students will demonstrate the ability to use goal-setting skills to enhance health.

Standard 7: Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

Standard 8: Students will demonstrate the ability to advocate for personal, family, and community health.

WHPE Executive Committee

President
Dan Timm
dtimm@education.wisc.edu

Past President
Maureen Vorwald
vorwald@platteville.k12.wi.us

Member at Large
Jackie Tenpas
jtenpas@waupun.k12.wi.us

Past Past President
Brian Marx
marxb@wawmsd.org

Treasurer
Katie Mulloy
katie.mulloy@nbexcellence.org

Executive Director
Penny Kroening
pkroeningwhpe@gmail.com

Secretary
Jan Kunert
jkunert@charter.net

Parliamentarian
Scott Frazier
Sfrazier54@icloud.com

Association Manager
Nicole Popowich
npopowich@uwlax.edu

WHPE Board of Directors

District Coordinators
(Term: 2019-2021)

Central District
Will Westphal
wwestphal@brillionsd.org

Northeast District
Allisha Blanchette
ablanchette@dce.k12.wi.us

Northwest District
Molly Dado
dadoml@hudsonraiders.org

Southeast District
Matt Pomeroy
pomeroym@merton.k12.wi.us

Southwest District
Susanna Swenson
swensonsu@uwplatt.edu

Division Vice Presidents
(Term: 2020-2022)

Elementary Division
Kim Selby
kselby@sasd.net

Middle Division
Tim Mueller
mueller@erinschool.org

High School Division
Shannon Maly
smmaly@sunprairieschools.org

University Division
Rebekah Johnson
rjohnson17@carthage.edu

Adapted PE Division
Sadie Brown
smbrown@sunprairieschools.org

Health Division
Mary Wentland
wentland@lakelandunion.org

Future Professionals Division
VP – Tommy Friday, fridaythomas88@gmail.com
VP-Elect – Rylee Dorow, dorow6628@uwlax.edu

WHPE 2021
Wednesday, October 27th
Daily Agenda

TIME	EVENT	LOCATION
6:00 – 9:00 pm	Registration	North Atrium
8:00 - 10:00 pm	All Convention Social In Honor of President Dan Timm	Suite A

Sponsors



School of Education
University of Wisconsin-Stevens Point



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**WHPE 2021
Thursday, October 28th
Daily Agenda**

TIME	EVENT	LOCATION
7:00 am - 3:00 pm	Registration	North Atrium
9:00 am - 4:30 pm	Exhibits Open	Suite 3/4/5/6
9:00 a.m. - 4:30 pm	Networking with Colleagues	Suite 3/4/5/6
8:10 - 9:50 am	Session 1	Per Schedule
9:15 – 9:45 am	<u>Session 2</u> Coffee/Tea Break ...Check out the Exhibits ...Poster Session	Suite 3/4/5/6 South Atrium
	Future Professional Session Survive Your First Year of Teaching How? – Meet a WHPE mentor	Suite B/G
9:50 - 11:20 am	<u>General Assembly</u> Keynote – Scott Todnem - “Health and Wellness: A Life-Saving, Life-Changing, and Life Sustaining Experience” Announcements/Elections/Award Recipients	Suite 1/2/7/8
11:30 am - 12:30 pm	Session 3	Per Schedule
12:00 – 12:30 pm	Past President Meeting	Mahogany Room
12:30 – 1:30 pm	Past President/Retiree Lunch	Mahogany Room
12: 30 - 1:30 pm	All Convention Lunch Break	On Your Own
12:30 - 1:30 pm	Future Professional Lunch/Election	Suite B/G

**WHPE 2021
Thursday, October 27th**

Daily Agenda

TIME	EVENT	LOCATION
1:40 - 2:40 pm	Session 4	Per schedule
2:50 - 3:50 pm	Session 5	Per schedule
4:00 – 5:00 pm	Session 6	Per schedule
5:15 – 5:50 pm	Minute to Win It	Suite B/G
5:00 – 6:30 pm	UW-La Crosse Alumni Social	Suite 2
6:30 - 8:30 pm	Awards Social	Suite 1

**WHPE 2021
Friday, October 29th
Daily Agenda**

TIME	EVENT	LOCATION
7:30 - 10:00 am	Registration	North Atrium
8:00 - 9:00 am	Session 7	Per Schedule
9:00 am - 12:00 pm	Exhibits open	Suite 3/4/5/6
9:00 am – 12:00 pm	Network with Colleagues	Suite 3/4/5/6
9:10 - 10:10 am	Session 8	Per Schedule
10:20 - 11:20 am	Session 9	Per Schedule
11:30 am – 12:30 pm	Session 10	Per Schedule
1:00 - 3:30 pm	Dan Timm’s BOD Meeting	Ironwood

Thursday, October 28, 2021
Session 1 8:15 - 9:15 a.m.

BREAKOUT TITLE	ROOM
Elementary:	
Games, Games, Games! PE with Palos	Suite A
Incorporating Children's Book into Educational Games	Suite H
Middle/Secondary:	
Daily Dose of Iron with Arneson and Heath	Marula/Aralia
Joyful Jumping	Portia/Wisteria
Intro to Tennis	Suite B/G
Eclipse Ball – An inclusive, fun, and engaging activity for all	Tamboti/Aloeswood
Speed and Agility Training in High School Physical Education	Banyan
Adapted PE:	
Adapted PE – How or What Do I Teach with Limited Paraprofessional Support?	Mangrove
Health:	
ANTS: How to take control of the picnic inside of your head	Guava
Skills Based Health: Putting Students First	Tamarind
K-12:	
Unspoken No More: Addressing EDI, Trauma, and Wellness in and out Of the Classroom	Ironwood

Elementary Sessions:

“Games, Games, Games! PE with Palos” Vendor Session

Learn fun games that focus on movement, strategy, teamwork, and motor skills all while meeting state and national standards through active play. This is a hands-on workshop that will keep you moving with almost no standing around and show you how we can keep all kids active no matter what the skill level. We will cover games for grades K-12 that focus on medium to large class sizes.

Room: Suite A

Target Audience: Elementary

Presenter: Tim Taggart, Senior Sales Specialist, Palos Sports

“Incorporating Children’s Books into Educational Games ”

Throughout this session we will lead three different educational games activities with children's books at the center of the activities. Be prepared to participate in the activities and engage in conversation on how you can create your own educational games based on children's books. Resources will also be shared to describe the educational games taught as well as books to use in your own teaching.

Room: Suite H

Target Audience: Elementary

Presenters: Rachyl Stephenson, Assistant Professor, UW-La Crosse, Sophia Cole, Tommy Friday, Marshall Morrin, UW-La Crosse Graduate students

Middle/Secondary Sessions:

“Daily Dose of Iron with Arneson and Heath ”

The last year and a half of teaching (and coaching if you are involved in athletics) has most definitely been challenging as we attempted to provide the most beneficial experiences possible for our students. In this session you will learn a few ways that we at Merrill High School modified strength training experiences to allow for social distancing and minimal sharing of equipment, all while allowing our students and athletes to get in a great workout. Come prepared to get your sweat on and learn some unique ways to incorporate some strength training into your classes at any level.

Room: Marula/Aralia

Target Audience: Middle/Secondary

Presenters: Scott Arneson and Ryan Heath, Physical Education Teacher, Merrill Area Public Schools

“Joyful Jumping”

This jam packed jumping session will give you ideas to incorporate music and rhythms to various jumping activities. You will learn some basic footwork that can be performed alone and more importantly in cooperative groups. Using a variety of equipment gives choice to the learner as they will attempt to decode sequences and ultimately match those sequences to music.

Room: Portia/Wisteria

Target Audience: Middle/Secondary

Presenter: Molly Dado, Physical Education and Dance, Hudson School District, 2018 WHPE Secondary PE TOY, 2019 Midwest District Secondary PE TOY

“Intro to Tennis” Vendor Session

Learn how to take students from zero - to play, and tips about teaching tennis in a limited space!

Room: Suite B/G

Target Audience: Middle/Secondary

Presenters: Greg Boyd and Erik Seifert, USTA/Midwest

“Eclipse Ball - An inclusive, fun, and engaging activity for all” Vendor Session

Eclipse ball is a net sport game that is a combination of tennis and volleyball. It has unique rules that helps all students be successful. Eclipse ball meets all state and national standards. In addition, Junior and Oval balls could also be used to play eclipse ball without rackets. This session will include skills progressions so you can take it back to your classroom immediately.

Room: Tamboti/Aloeswood

Target Audience: Middle/Secondary

Presenter: Maureen Vorwald, Platteville School District, 2013 WHPE Secondary PE TOY, 2014 Midwest Secondary PE TOY

“Speed and Agility Training in High School Physical Education”

Session will detail the implementation of a speed and agility program within the traditional physical education class. Skill progressions, teaching cues, data tracking and assessment will all be covered. This session will give you applicable material that you can implement with all of your students immediately.

Room: Banyan

Target Audience: Middle/Secondary

Presenter: Josh Fizel, Physical Education, Spooner Area School District

Adapted PE Session:

“Adapted PE - How or What Do I Teach with Limited Paraprofessional Support?”

Adapted physical education teacher, do you struggle to engage your students in lessons due to minimal paraprofessional support? Do you teach in small group settings? This session is designed to help engage students within physical activity when you don't have the support needed to successfully teach to your full capabilities. Example: You have a group of 7 students with Autism at the elementary level, high functioning and verbal students to low functioning and nonverbal students with 2 paraprofessionals and an Adapted PE teacher, what do you do?! Is class 25 minutes or 45 minutes? Many aspects go into teaching a small group of students and this session is designed to help you as an Adapted PE specialist achieve your goals with the students in a safe and successful environment. This session will consist of lessons this year and in the past, technology, verbal/nonverbal communication templates, and equipment modifications that can be used to enhance your teaching as an adapted physical education specialist.

Room: Mangrove

Target Audience: Adapted PE

Presenters: Korey Kleinhans, Adapted Physical Education Specialist, Oshkosh School District and Sadie Brown, Adapted Physical Education Teacher, Sun Prairie School District and 2020 WHPE Adapted PE TOY

Health Sessions:

“ANTS: How to take control of the picnic inside of your head”

Please join me in discussing Dr. Amen's work on automatic negative thoughts (ANTs). Learn how to identify ANTs, and fill your toolbox for teaching anxiety. Meet Captain Snout, and discover other ways to change your thought processes and your brain.

Room: Guava

Target Audience: Health

Presenter: Mary Wentland, 10th Grade Health Education Teacher, Lakeland Union High School, 2012 WHPE Health Education TOY

“Skills Based Health: Putting Students First”

We will explore how we put students first in a pandemic while placing emphasis on the SEL needs and focusing on a skill based health model. We will share about how we set the foundation with our health curriculum to transition to post-pandemic teaching successfully.

Room: Tamarind

Target Audience: Health

Presenters: Sandee Ortiz and Haley Rohloff, Health and Physical Education, Sun Prairie School High School

K-12 Sessions:

Unspoken No More: Addressing EDI, Trauma, and Wellness in and out of the Classroom

How does a meaningful shift toward Wellness and EDI-informed physical education happen? Come hear from a group representing PE teachers, School & District Administrators, Teacher Educators, School Social Workers, Medical College Faculty and SHAPE America leaders about ways Wellness and EDI practices are being harnessed to help teachers, teacher candidates and students. An example of how resources can be used to foster discussion and then concrete actions in PE will be provided. If you have wondered how Wellness, EDI, Trauma Informed Practices and SEL may intersect – this session can help.

Room: Ironwood

Target Audience: K-12

Presenters: Brett Fuller, Jay Cameron, Christopher Simenz, Pam Hansen, Stephanie Morris, Roger Masarik, David Nelson, Courtney Barry, Leslie Ruffalo, Heather Mansfield, Joanna McQuide, Bruce Dreyer, and Brian Culp

Session 2

Coffee/Tea Break

9:15 – 9:45 a.m.

Suite 3/4/5/6 and South Atrium

All participants are invited to come enjoy refreshments in the Exhibits Hall and South Atrium

Visit the Exhibits Hall – Suite 3/4/5/6

Visit the Poster Session – South Atrium

Future Professionals Session

Survive Your First Year of Teaching! How?/Meet a WHPE Mentor

Facilitated by Deb Sazama, Advisor to Future Professionals

9:15 – 9:45 a.m.

Room: Suite B/G

The purpose of this session is for future professionals to have the opportunity to hear from and connect with current professionals and WHPE leaders. During this session you will talk with the professionals from different grade levels and varying levels of experience, have the opportunity to ask questions, and begin to build your professional network.

Happenings on Campus – Poster Session

South Atrium

All convention attendees are invited to the college/university poster session. Learn about some of the initiatives in health and physical education currently taking place on Wisconsin's campuses. WHPE members will be available to discuss what's happening at their respective institutions. What's new at your alma mater?

Pre-service Teacher Socialization and Self-Efficacy While Learning to Teach

Presenter: Deb Sazama, Faculty and Physical, Adapted, and School Health Education Program Director, UW-La Crosse

When the Professor Goes Back to School

Presenter: Cindy Kuhrasch, Distinguished Faculty Associate, UW-Madison

Integrating SEL in Physical Education: A Socialization Perspective

Presenter: Ann Hockett and Tim Wright, School of Education Faculty, UW-Stevens Point

Academic performance, perceived stress and media usage

Presenters: Heidi Wilkens, Katie Klahr, Saori Braun, UW-Eau Claire students

Pokemon Go Players motivation behavior and perception of health

Presenter: Yoonsin Oh, Associate Professor, UW-Eau Claire

Proficiency in gross motor skills among home vs. public school children

Presenter: Yoonsin Oh, Associate Professor, UW-Eau Claire

Wisconsin Physical Education Teachers' Job Satisfaction and Its Correlates

Presenter: Yoonsin Oh, Associate Professor, UW-Eau Claire

Reflections of PETE students navigating field experiences during the COVID pandemic

Presenter: Nikki Hollett, Assistant Professor, UW-Whitewater and Students, UW-Whitewater

GENERAL SESSION

9:50 - 11:20 a.m.

Keynote Speaker-Scott Todnem

Room: Suite 1/2/7/8



Scott has been teaching since 2001 in Naperville, Illinois and travels the nation to speak about health education and related work. He was named the 2019 SHAPE America National Health Education Teacher of the Year. Todnem has been on social diversity committees, led educational trips, served as team-building coordinator, worked as a strength and conditioning coach, and uses his platforms for mental health and suicide prevention. He is the author of [“Growing Up Great!”](#)— a puberty book for boys.

Health and Wellness: A Life-Saving, Life-Changing, and Life-Sustaining Experience

“As educators, we have the difficult task of creating an experience that permeates the lives of our students, now and forever. We can rise to that challenge! Let's look at our profession with a big picture view in order to find clarity. Reach every student by starting with yourself. Play to your strengths as an educator, learn to love your mistakes, and be the inspiration you were meant to be. Health = life. The rest is just details.”

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School of Education
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Thursday, October 28, 2021
Session 3 11:30 a.m. - 12:30 p.m.

BREAKOUT TITLE	ROOM
Elementary:	
Never Miss a Chance to DANCE!	Suite H
“Jumpstart” Your Students’ Brains	Marula/Aralia
Team Teaching - How to Make it Work	Mangrove
A Meaningful, Inquiry-Based Approach to Teaching Balance and Body Control	Tamboti/Aloeswood
Middle/Secondary:	
All Sports Golf Interactive Physical Education Unit	Suite B/G
Favorite TOY Best Practice Activities for Middle and High School PE	Suite A
How Technology has Enhanced Teaching and Learning in our District	Tamarind
Adapted PE:	
Teaching Balance, Stability and Body Awareness to Early Childhood and Preschool Students with Disabilities	Portia/Wisteria
Health:	
Capture Culture in the Classroom	Guava
K-12:	
Fundraising for Physical Education: Tips and Strategies	Banyan
University:	
Higher Education Roundtable	Ironwood

Elementary Sessions:

“Never Miss A Chance to DANCE!”

Music is a universal language. Combined with movement, it is a powerful thing we call DANCE! Dance is a lifelong physical activity that not only improves fitness but teaches rhythm, coordination, spatial awareness, and provides social opportunities for students to work together in a non-competitive environment. Dance is also a great way to appreciate the diversity of different genres as well as equity among different cultures. Besides all of that . . . it's FUN!! So, let's dance your way through the school year! This session will give you many ideas of how you can incorporate dance, make it one of your favorite units to teach even if you have two left feet, and allow ALL your students to succeed. This session is intended to give you the #ConfIDANCE to teach dance to all your students this school year.

Room: Suite H

Target Audience: Elementary

Presenters: Katie Mulloy, Elementary Physical Education, School District of New Berlin and Jackie Tenpas, Elementary Physical Education, Waupun Area School District

“Jumpstart Your Students' Brains”

Do your students' brains need a "jumpstart" during the school day? Research continues to show that physical activity during the school day improves academic performance and decreases classroom disruptions. But how can schools incorporate physical activity throughout the school day with minimal disruption to academic rigor? How can we, as physical educators, help to be a part of the solution? Come listen to how some elementary schools in Sheboygan have found various ways to keep their students learning AND moving during the school day -- from Jumpstart Jackson, to Active Zoned Recess, to brain/physical activity break resources for teachers, to before/after school clubs. This session will have activity demonstrations as well as resources that you can take back to your school/district to "jumpstart" your students' daily physical activity.

Room: Marula/Aralia

Target Audience: Elementary

Presenters: Kim Selby and Kevin Herber, Elementary Physical Education, Sheboygan Area School District

“Team Teaching - How to Make it Work”

In this session, we will have a round-table discussion and share ideas that have worked for team-teaching. When team teaching, both teachers bring experience of their own, one (or both) may have many years of experience, but when they're combined they need to be able to adapt and make it work.

Room: Mangrove

Target Audience: Elementary

Presenter: Scott Carlson, Physical Education K-4, Muskego-Bay Lane Elementary

“A Meaningful, Inquiry-Based Approach to Teaching Balance and Body Control”

The ability to balance and transfer weight are embedded in and essential for all skills; in fact, movement is a continual ‘balance’ between stability and mobility. Join this session to explore educational games and instructional strategies designed to provide students many opportunities to figure out how to control their body. Additionally, this session will highlight how to intentionally foster the features of Meaningful Physical Education (i.e., fun, challenge, motor competence, personal relevance, social interaction, and delight). Take a chance on this session; I think you will find it unique, enjoyable, and useful. If you teach secondary PE, you may find something you could adapt and use with your students too.

Room: Tamboti/Aloeswood

Target Audience: Elementary

Presenter: Kristi Mally, Professor, Winona State University

Middle/Secondary Sessions:

“All Sports Golf Interactive Physical Education Unit”

The all-sports golf concept is combining the skills of a variety of sports into a game scored similarly to golf. This interactive session will cover the innovative concept of how to incorporate different sports into a TGFU target unit, challenging the students to critically think by choosing equipment best suited for personal and group performance. The all-sports concept can be adapted to fit the needs of your students and course outcomes. The provided unit is guided by standard and GLE’s focusing on accuracy and precision as it relates to a variety of sport skills.

Participants will receive a “ready to go” electronic unit plan resource that will include sport options and adaptive equipment variations. Come and experience “all-sports golf!”

Room: Suite B/G

Target Audience: Middle/Secondary

Presenters: Colin Johnson, Danni Garcia-Havens, and Caleb Anderson, UW-Platteville Students and Susanna Swenson, Lecturer, UW-Platteville

“Favorite TOY Best Practice Activities for Middle School and High School PE ”

This session will be an active session that will feature best practice activities for middle school and high school physical education. TOY presenters Maureen Vorwald, Tim Mueller, and Jo Bailey will be sharing their favorite activities, offering insights on how they plan with the "why" in mind and how they ensure purposeful delivery of these activities. Come ready for a fun and engaging session and leave with many activities that your students will enjoy!

Room: Suite A

Target Audience: Middle/Secondary

Presenters: Jo Bailey, DC Everest High School, Tim Mueller, Erin School District and Maureen Vorwald, Platteville School District

“How Technology has Enhanced Teaching and Learning in Our District”

Our school district is a 1:1 district meaning that all students have their own district provided iPad. In this session, we will explore the many benefits to using iPads in the classroom and how to overcome some of the challenges. We will focus on using iPads at the secondary level and how to we have used them to enhance our teaching to improve student learning.

Room: Tamarind

Target Audience: Middle/Secondary

Presenters: Laura Kultz, Josh Repovsch and Brad Kuntz, School District of Waukesha

Adapted PE Session:

“Teaching Balance, Stability and Body Awareness to Early Childhood and Preschool Students with Disabilities”

This session focuses on non-locomotor and movement concepts and the integration of these into early childhood/pre-school APE/PE programs. Including these in PE programs allow students with disabilities to develop essential skills to complement locomotor and object control skills traditionally taught in PE programs.

Room: Portia/Wisteria

Target Audience: Adapted PE

Presenters: Brock McMullen, Adapted Physical Education Teacher Preparation, UW-La Crosse, Taylor Ainslie, Christina Gonzalez, Julia May, Jennifer Sierra and Dana Tolle, UW-La Crosse Adapted Physical Education Graduate Students

Health Session:

“Capture Culture in the Classroom”

Engaging in Equity, Diversity & Inclusive teaching practices build a foundation for belonging in the Health classroom for our students. In this session examine inclusive teaching strategies and explore activities to give your students an opportunity to build identity, embrace culture and celebrate diversity while developing health skills.

Room: Guava

Target Audience: Health

Presenter: Allisha Blanchette, 2020 Midwest District Health TOY, Health and PE Teacher, DC Everest

K-12 Session:

“Fundraising for Physical Education: Tips and Strategies”

I'll be sharing my story and methods of how we raised over \$100,000 over 4 years for our physical education program. Tips and strategies we'll be shared and a Q&A time will take place as well.

Room: Banyan

Target Audience: K-12

Presenter: Ryan McKinney, Middle School Physical Education Teacher, Spooner Area School District

University Session:

“Higher Education Roundtable”

Join this roundtable discussion to network and collaborate with other college and university colleagues from across the state. Participants will be able to choose the topics of interest and participate in discussions that are relevant to their work in higher education.

Room: Ironwood

Target Audience: University

Facilitator: Rebekah Johnson, Department Chair and Assistant Professor, Carthage College

LUNCHESES/MEETINGS

12:30 - 1:30 pm Lunch break

- | | |
|--|----------------------|
| ◆ Exhibitors Luncheon
(lunch will be provided) | Suite 3/4/5/6 |
| ◆ Future Professionals Luncheon/Election
(pizza/salad buffet will be provided) | Suite B/G |
| ◆ Past President/Retiree Luncheon | Mahogany Room |

Thursday, October 28, 2021
Session 4 1:40 -2:40 p.m.

BREAKOUT TITLE	ROOM
Elementary:	
Reused, Recycled, Renovated Activities	Suite 8
Omnikin: Have a BALL with Action-Packed Fun for All!	Suite 2
Invasion Games to Keep Kids Moving!	Suite A
Using Technology in PE	Guava
Middle/Secondary:	
What's in your Backpocket? Fitness Based Activities to get your students Moving!	Suite 1
Critical Thinking Infusion (CTI)	Suite H
Strength and Conditioning in High School Physical Education	Mangrove
Adapted PE:	
P.E. for everyBODY: Participating in a "Different Pair of Shoes"	Suite 7
Health:	
Bridging Lessons in the Health Classroom	Tamarind
K-12:	
Practical Applications of Assessment Aligned with Grade Level Outcomes	Portia
Initiatives Underway at SHAPE America	Wisteria
Can You SEL your outdoor adventure activities?	Tamboti/Aloeswood

Elementary Sessions:

“Reused, Recycled, Renovated Activities”

This session will incorporate various fitness activities and instant activities for large and small groups for students K-5. Some old, some new, some renovated, and maybe some right for you.

Room: Suite 8

Target Audience: Elementary

Presenter: Karen Fish, Adapted Physical Education Teacher, Illinois, 2015 SHAPE America Young Professional Physical Education TOY

“Omnikin: Have a BALL with Action-Packed Fun for All!” Vendor Session

Whether you are looking for a new or modified team sport, a unique cooperative and community-building activities, or fun with fitness or skill development, Omnikin has you covered! This exhilarating and dynamic session will feature highlights of our lightweight and non-threatening dynamic 14”-48” balls that will generate excitement in your classroom like never seen before all while providing an inclusive environment! Your students will surely have a BALL!

Room: Suite 2

Target Audience: Elementary

Presenter: Scott Williams, US Coordinator, Omnikin

“Invasion Games to Keep Kids Moving!”

This session will highlight several exciting and continuous invasion games aimed to development fitness and skill combinations including passing, receiving, shooting, and defending. Invasion sports involve an offensive team working to maintain possession of an object while attacking (or invading) a defensive team’s goal or target area. Classic invasion sports include soccer, basketball, football, hockey, ultimate, and rugby. This session will highlight lead-up activities aimed at developing the motor skills, movement patters, and strategic knowledge commonly associated with invasion sports.

Room: Suite A

Target Audience: Elementary

Presenter: Deb Van Klei, OPEN National Trainer, District Coordinator, Stillwater Area Public Schools, MN

“Using Technology in PE”

Are you struggling to integrate technology into your physical education classroom? We can help! In this session you will learn how to integrate technology into instruction and assessment to engage all learners and create a more collaborative and interactive physical education classroom. Participants will learn how to use google slides to create videos, interactive classrooms, and choice boards as well as explore a variety of apps including team shake, decide now, iMovie, and many more. You will leave this session with practical applications that aren't overly time consuming or overwhelming.

Room: Guava

Target Audience: Elementary

Presenters: Melanie Gearhart and Nicholas Bisswurm, Elementary Physical Education, School District of New Berlin

Middle/Secondary Sessions:

“What’s in your Backpocket? Fitness Based Activities to get your student Moving!”

Are you looking to infuse fitness-based activities or warm-ups into your individual or team sports classes? In this session, I will share a few of my favorites to help reinforce health related fitness concepts.

Room: Suite 1

Target Audience: Middle/Secondary

Presenter: Shannon Maly, Health and PE Teacher, Sun Prairie Area School District and 2021 SHAPE National High School TOY

“Critical Thinking Infusion (CTI)”

Infusing critical thinking into multiple sports and activities.

Room: Suite H

Target Audience: Middle/Secondary

Presenters: Riley Glonek, Caleb Anderson, and Patrick Marfilus, Physical Education Majors, UW-Platteville, Susanna Swenson, Lecturer, UW Platteville

“Strength and Conditioning in High School Physical Education”

This session will detail the implementation and daily programming to incorporate strength and conditioning into your high school physical education curriculum. The presentation will detail teaching cues for exercises, assessment, and creating a culture within your program that promotes strength and conditioning amongst all students.

Room: Mangrove

Target Audience: Middle/Secondary

Presenter: Josh Fizel, Physical Education, Spooner Area School District

Adapted PE Session:

“P.E. for everyBODY: Participating in a ‘Different Pair of Shoes’”

Learn an exciting new way to engage and include students of ALL abilities in your P.E. classes. Adaptive athlete, childhood cancer survivor, and founder of The Ability Center, Damian Buchman, will show you how to get students of ALL abilities physically active inside and outside of your P.E. class with a "different pair of shoes." Join Damian and Sadie Brown to learn the value, importance, and significance of introducing adaptive sports in your classroom.

Room: Suite 7

Target Audience: Adapted PE

Presenters: Damian Buchman, The Ability Center and Sadie Brown, Adapted PE Sun Prairie Area School District

Health Session:

“Bridging Lessons in the Health Classroom”

Experience three connecting lessons as the student in a skills-based Health classroom. This will be a hands-on example of how to "bridge" activities throughout a quarter/semester Health Class in order to develop health literacy, create impactful relationships, and have fun in learning. Come ready to participate! Observers are welcome too. :)

Room: Tamarind

Target Audience: Health

Presenter: Scott Todnem, Health Education Teacher, Grades 6-8, Illinois, 2019 SHAPE America Health Education TOY

K-12 Sessions:

“Practical Applications of Assessment Aligned with Grade Level Outcomes”

In this session we will present examples of a variety of forms of assessment, utilizing technology aligning these assessments with grade level outcomes. One purpose is to aide in differentiating between assessing different standards and based on instruction for a variety of levels of learners.

Room: Portia

Target Audience: K-12

Presenters: Jenna Starck, Assistant Professor in PASHE & Adventure Education Graduate Director, Rachyl Stephenson, Assistant Professor, and Deb Sazama, Faculty and Physical, Adapted, and School Health Education Program Director, UW-La Crosse

“Initiatives Underway at SHAPE America”

SHAPE America’s Immediate Past President Brett Fuller and CEO Stephanie Morris will provide an update on major initiatives underway within our HPE national organization. Topics covered will include effective advocacy at local, state and federal levels, advancing equity, diversity and inclusion within our HPE community, lessons learned in teaching HPE in a COVID-19 era, and work to update the National Health Education Standards and the National K-12 Education Standards. Come with your questions and feedback! Past President Fuller and CEO Morris are excited to engage with the WHPE community and learn more about how the national organization can better serve you.

Room: Wisteria

Target Audience: K-University

Presenters: Stephanie Morris, CEO of SHAPE America and Brett Fuller, MPS and Past President, SHAPE America

“Can You SEL your outdoor adventure activities?” Vendor Session

Collaborate with other physical educators to discover opportunities for social and emotional lessons through outdoor adventure activities. Outdoor activities encourage social skill development including patience, collaboration, responsibility, persistence, and personal self-awareness! Learn to work on attention skills through an outdoor adventure hunt, teach self-control, patience and perseverance through a fishing unit, or responsible decision making, respect and collaboration through camping and hiking. Explore best practices for Outdoor Adventure curriculum delivery K - 12! Outdoor Adventures is a fun and exciting physical education curriculum for ALL students. The focus is on outdoor activities including: Fishing, Archery, Boater Education, Orienteering, Survival Skills, First Aid/CPR, Trip Planning, Tackle Crafts, Hiking, Backpacking, Camping, Outdoor Cooking, Mountain Bike Camping, Hunter Education, Fauna/Flora/Wilderness Medicine, Paddle Sports and Wildlife Conservation. The Outdoor Adventures curriculum is not your traditional PE course. Instead of teaching PE with basketballs and tennis rackets, we use rods and reels, and bows and arrows. The Outdoor Adventures course is designed to change young people’s lives forever by exposing them to the many great opportunities of the outdoors. Learn how your student’s can enjoy Outdoor Adventures. All new schools will get \$1000.00 in Matching Equipment Funds!

Room: Tamboti/Aloeswood

Target Audience: K-12

Presenter: Tari Garner, Outdoor Adventure Coordinator, Outdoors Tomorrow Foundation

Thursday, October 28, 2021
Session 5 2:50-3:50 p.m.

BREAKOUT TITLE	ROOM
Elementary:	
Strengthen Your Core: Combine ELA, Math and PE	Suite 1
Teaching Tactics of Tag	Suite 8
Junior Chefs on the Move: Empower your students to make healthy nutrition choices through active learning	Suite 7
Two Pieces of Tape, 3 D's, Metaphors, and Analogies: How Do You Cue?	Suite A
Middle/Secondary:	
Let's go on a GooseChase: Using scavenger hunts to teach content and build social connections	Suite 2
Making the PE and Health environments accessible by "UDL"ing	Guava
Using Pear Deck to Achieve SHAPE America Standards and GLO's	Banyan
Health:	
"Let's Talk Careers" in the Health Classroom	Tamarind
Sex and Politics....Where do we Start?	Wisteria
K-12:	
Grading in Physical Education: Moving towards the Standards	Portia
WHPE Grants sharing session	Mangrove
Future Professionals:	
Survive and Thrive During Student Teaching!	Suite H

Elementary Sessions:

“Strengthen Your Core: Combine ELA, Math and PE”

Are you looking for activities to incorporate some language arts and math concepts into your PE program? We have some exciting activities for you to try. Our activities are creative, challenging, and a great way to combine the classroom content with Physical Education. Come on down and learn some new ideas for your students.

Room: Suite 1

Target Audience: Elementary

Presenter: Kelly Zerby, Elementary Physical Education, Illinois

“Teaching Tactics of Tag”

I love TAG and many elementary PE programs play a lot of tag! Tag games are often used to teach fitness concepts, allow for repetition of locomotor/manipulative traveling skills or as a way to practice personal and social responsibility. This session however, will focus on activities that will help your students develop the tactics and strategies for chasing and fleeing games. Play TAG with the purpose of learning to getting better at TAG. This can be a meaningful learning segment for 3rd-5th grade students, as they learn to transfer the tactics and strategies of tag to invasion game.

Room: Suite 8

Target Audience: Elementary

Presenters: Kristen Csiacsek, Assistant Professor, UW-River Falls and Maria Breuer, Alex Binfet, Kara Peterson, and Megan Lin, UW-River Falls Pre-service teachers

“Junior Chefs On the Move: Empower your students to make healthy nutrition choices through active learning”

Get your Junior Chefs moving as they learn why it is important to make healthy choices by Fueling Up and Playing. This session will show you how to incorporate exciting nutrition and fitness activities that support the new Elementary Physical Education Wisconsin State Standards. Come Fuel Up, get some cool FUTP60 swag, and leave with many activities you can implement this year to empower your students and school wellness program!

Room: Suite 7

Target Audience: Elementary

Presenter: Sandy Hagenbach, Elementary Physical Education, DePere School District

“Two Pieces of Tape, 3 D’s, Metaphors, and Analogies: How Do You Cue?”

"T-L-STEP-Throw", "X-FLex-Throw", "Have your ball make thunder when it hits the wall".....We've all have different ways for saying the same things. What's motor learning telling us? Should all of our students be getting the same cue?

Let's get together, talk shop about how to make it all practical, and go back to work with some new tools for the teaching toolbox.

Room: Suite A

Target Audience: Elementary

Presenter: Will Westphal, Elementary Physical Education, Brillion Public Schools

Middle/Secondary Sessions:

“Let’s go on a GooseChase: Using scavenger hunts to teach content and build social connections”

Want to spice up some of your teaching content while getting your students moving and working cooperatively with each other? GooseChase might be the thing for you! You will learn how to set up and participate in a digital scavenger hunt during this session, followed by a debrief and reflection. Non tech examples will also be included.

Room: Suite 2

Target Audience: Middle/Secondary

Presenter: Jo Bailey, Physical Education, DC Everest

“Making the PE and Health environments accessible by “UDL”ing”

Do your students struggle with being independent learners? Does your teaching environment allow for predictable supports your students know will be there for their learning? Does your district talk “UDL”? Come learn about how the PE and Health departments for the School District of Sheboygan Falls incorporates UDL guidelines related to accessibility of resources, rubrics, and skill practice opportunities in a standards based environment. We will share our experiences about creating predictable supports to encourage “expert” learning and share how we have increased student learning in the PE world.

Room: Guava

Target Audience: Middle/Secondary

Presenters: Matt Pfister and Lindsey Schreurs, Health and Physical Education Teachers, School District of Sheboygan Falls

“Using Pear Deck to Achieve SHAPE America Standards and GLO’s”

Pear Deck is used to create interactive presentations from Google Slides that allow students to work synchronously and/or asynchronously to respond to various questions in a variety of ways. Pear Deck is a highly effective method to teach the 5 SHAPE America standards and Grade Level Outcomes to students that are distance learning and/or in-person. This session will discuss and demonstrate the creation and implementation of Pear Decks for students that are in-person or at home in Physical Education and Unified Physical Education classes.

Room: Banyan

Target Audience: Middle/Secondary

Presenter: Mike Doyle, PE/APE Teacher, Cloquet Public Schools, MN

Health Sessions:

“Let’s Talk Careers’ in the Health Classroom”

In this session, we will help you develop of more extensive career wellness curriculum with use of Xello, career clusters, school to work programs, early college credit program and community support.

Room: Tamarind

Target Audience: Health

Presenters: Brian Hookstead and Juanita Weinert, Health Education Teachers, Oregon High School

“Sex and Politics...Where do we Start?”

"Sex and Politics...Where Do We Start?" If you are teaching, updating or creating your sexual health curriculum you understand that there are many views to consider: District policies? Community values? School Board initiatives? Youth Risk Behavior data? State laws? Join our panel discussion with members of DPI, GSAFE, a school counselor, district curriculum director, health teacher and a high school student to help you get on the right track for a successful program tailored to your district.

Room: Wisteria

Target Audience: Health

Presenter: Patty Zemke, Wausau School District and **Panel Guests:** Tacara Lovings and Molly Herrmann, DPI, Brian Juchem, GSafe, Jennifer Raucher and Susan Holster, Wausau School District

K-12 Sessions:

“Grading in Physical Education: Moving towards the Standards”

Although assessment can be a powerful tool to promote student learning, it can also be used as an evaluation tool. If you or your colleagues have considered moving toward standards-based grading or want to explore the option, this session is for you. Specifically, we will discuss and provide examples of equitable assessment practices within K-12 physical education that can be transitioned into standards-based report cards.

Room: Portia

Target Audience: K-12

Presenters: Deb Sazama, Faculty and Physical, Adapted, and School Health Education Program Director, Jenna Starck, Assistant Professor in PASHE & Adventure Education Graduate Director and Rachyl Stephenson, Assistant Professor, UW-La Crosse

“WHPE Grants Sharing Session”

Are you interested in applying for a WHPE grant? Learn the do’s and don’ts of applying for these funds. Former grant recipients will also present their funded projects.

Room: Mangrove

Target Audience: K-12

Facilitator: Brian Marx, WHPE Grants Chair

Future Professional Session:

“Survive and Thrive During Student Teaching!”

This is not a “sit and get,” it is an interactive session with exciting activities and shared insight designed to help prepare you for student teaching and your teaching career. National presenter Tim Mueller, a SHAPE Midwest TOY and Concordia University Professor, will bring energy, passion, and excitement to help inspire you to impact your future students.

Room: Suite H

Target Audience: Future Professionals

Presenter: Tim Mueller, K-8 Physical Education Teacher, Erin School District, Adjunct Professor, Concordia University

Thursday, October 28, 2021
Session 6 4:00-5:00 p.m.

BREAKOUT TITLE	ROOM
Elementary:	
Brainball - Integrate Spelling, Reading, & Math through active play	Suite 1
Plug Fitness into Every Class!	Suite 7
More than just a stationary activity - experience Speed Stacks	Suite A
Creative Standards Based Grading Rubrics for Elementary Physical Education	Mangrove
Teaching On an Island	Guava
Middle/Secondary:	
Multicultural Games	Suite 8
Making it Official, Beginning a Sports Officiating Course in your School	Portia
Adapted PE:	
ASAP: How everyBODY can play TOGETHER today for a better tomorrow	Suite H
Health:	
Assessment in Action	Tamarind
K-12:	
Health. Moves. Minds	Banyan
Pursuing the National Boards for Professional Teaching Standards	Wisteria

Elementary Sessions:

“Brainball - integrate Spelling, Reading & Math through active play” Vendor Session

Brainball is backed by 19 years of research proving if you students use it twice a week they will see improvements in spelling, reading, math, & gross motor skills through active play. There is no drop off to physical activities. This workshop will teach you how to introduce Brainball to your students and teach you through active play how Brainball works. Brainball includes 100 balls, activity book with 100 activities, and durable mesh bags. One set will be for up to 70 students.

Room: Suite 1

Target Audience: Elementary

Presenter: Tim Taggart, Senior Sales Specialist, Palos Sports

“Plug Fitness Into Every Class!”

This session will highlight simple, fun and engaging fitness activities that can be plugged into each and every class. Have you ever heard students groan when asked to perform exercises like the plank? What if we used the plank exercise in a game of plank hockey? The fitness-based activities learned in this session can help change student mindsets about fitness.

Room: Suite 7

Target Audience: Elementary

Presenter: Deb Van Klei, OPEN National Trainer, District Coordinator, Stillwater Area Public Schools, MN

“More than just a stationary activity - experience Speed Stacks!” Vendor Session

This workshop will feature hands-on interactive learning of Sport Stacking and overcome the stigma of being a stationary activity. This session will incorporate movement based activities and games to get your students mentally fit and physically active. Proven results to develop your students math and reading skills plus eye-hand coordination, self-esteem, SEL integration and many more benefits!

Room: Suite A

Target Audience: Elementary

Presenter: Matt Burk, Director of Physical Education and After School Programs, Speed Stacks, Inc.

“Creating Standards Based Grading Rubrics for Elementary Physical Education”

Simple strategies to use standards base grading in your elementary classroom. I will be sharing how I create rubrics to assess, how students use their chromebooks to assess each other, how students become familiar with the standards, and a daily tap out for students. I would also like to hear how other districts are implementing standards based grading. Bring your ideas!

Room: Mangrove

Target Audience: Elementary

Presenter: Tammie Fick, Physical Education Teacher, Shullsburg School District

“Teaching on an Island”

Are you the only PE teacher in your building? Come to this session to network and share with other teachers in the same situation. Discuss activities and units in your curriculum. Collaborate on how to keep curriculum up to date and teach using best practices.

Room: Guava

Target Audience: Elementary

Presenter: Dustin Ambort, K-6 Physical Education Teacher/APE Teacher, Alma Center-Humbird-Merrillan School District

Middle/Secondary Sessions:

“Multicultural Games”

Come to this interactive session to learn a number of traditional activities from different cultures that can be incorporated into your physical education curriculum. Be ready to participate and to put on your thinking caps to come up with some new and different modifications that would benefit your elementary, middle, high school, or adapted PE students.

Room: Suite 8

Target Audience: Middle/Secondary

Presenter: Matt Fencl, Associate Professor, UW-Platteville

“Making it Official, Beginning a Sports Officiating Course in your School”

Have you ever thought about adding a Sports Officiating Course to your High School PE program? Come learn about the process starting from the course proposal all the way to implementation. In this session you will learn teaching ideas, and how to work with your state sports organization and NFHS to get your students certified.

Room: Portia

Target Audience: Middle/Secondary

Presenter: Shannon Maly, Health and PE Teacher, Sun Prairie Area School District and 2021 SHAPE National High School TOY

Adapted PE Session:

“ASAP: How everyBODY can play TOGETHER today for a better tomorrow”

This is your opportunity to learn how The Ability Center's ASAP (Adaptive Scholastic Athletic Program) can come into your school to engage students of all abilities in a "different pair of shoes" for everyBODY. We'll also learn how you can lead students with mobility impairments into an ASAP of tomorrow & a brighter future.

Room: Suite H

Target Audience: Adapted PE

Presenter: Damian Buchman, The Ability Center

Health Session:

“Assessment in Action”

Do you know what your students know AND can do? Set your students up for success at the secondary level with health skill practice and opportunities for formal & informal assessment in action that transfers into their lives. In this session participants will engage in skill practice activities, assessments, and look at a performance assessment tool to find out what your students can do!

Room: Tamarind

Target Audience: Health

Presenter: Allisha Blanchette, Health and PE Teacher, DC Everest School District, 2019 WHPE Health TOY, 2020 Midwest District Health TOY

K-12 Sessions:

“Health. Moves. Minds” Vendor Session

Come and learn more about the SHAPE America Health. Moves. Minds. program and how it can integrate easily into your health or physical education curriculum. By using the HMM curriculum you can teach students how to thrive physically and emotionally in any situation. HMM can also serve as a program fundraiser and charity event to help boost your equipment and curriculum needs.

Room: Banyan

Target Audience: K-University

Presenter: Katie Mulloy, Elementary Physical Education Teacher, New Berlin School District and Tara Putnam, Assistant Professor, Dept of Kinesiology, UW-Eau Claire and Emily Martis and Jarrett Hunt, UW-Eau Claire students

“Pursuing the National Boards for Professional Teaching Standards”

Every student deserves to be taught by an accomplished teacher. National Board Certification was designed to develop, retain and recognize accomplished teachers and to generate ongoing improvement in schools nationwide. It is the most respected professional certification available in K-12 education. During this session participants will learn about the process, cost, benefits and reasons to pursue the NBPTS. A short question and answer session will follow.

Room: Wisteria

Target Audience: K-12

Presenter: Sandee Ortiz, NBCT, Health Educator, Sun Prairie Area School District

Minute to Win It
Thursday, October 28, 2021
5:15 – 5:50 p.m.
Ballroom B/G

Future professionals...are you up to the challenge? Come together for a friendly, yet competitive battle of “Minute to Win It” games with colleges and universities from across the state for a chance to win some great prizes! Spectators are welcome to join the fun, cheer on your students, root for your alma mater and test your skills to complete a seemingly easy task in 60 seconds ... can you do it?

UW-La Crosse Alumni Social

5:00-6:30 p.m.

Suite 2

Join UWL alumni, faculty and staff for a networking social.

Free to attend, light snacks provided, cash bar

WHPE Social Functions

WHPE Awards Social

6:30 – 8:30 p.m.

Suite 1

Everyone is welcome to join in socializing, light refreshments and honoring our colleagues. No need for tickets or specific dress attire. Come as you are. Come early for snacks/socializing/interacting with Award winners and if possible stay for the entire program to honor our award winners.

Wisconsin Teachers of the Year sponsored by



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Friday, October 29, 2021
Session 7 8:00 – 9:00 a.m.

BREAKOUT TITLE	ROOM
Elementary:	
Homemade/Instant Activities	Suite 8
Personalizing Student's Learning From The Top-Down	Suite 2
Golf Made Simple for Grades K-5	Suite A
Middle/Secondary:	
Life of the party line dancing	Suite 1
NEW SPARK APP: The FIRST Physical Education Curriculum & Assessment APP	Suite 7
Cardio Drumming/Rhythms in PE	Suite H
Adapted PE:	
Adapted Sports League - Where Do I Start?	Mangrove
Health:	
They are Talking About Your Health Class!	Guava
K-12:	
GAME ON! An American Ninja Warrior inspired event	Aralia
Wisconsin Physical Education Standards New and Improved	Tamarind

Elementary Sessions:

“Homemade/Instant Activities”

This session will focus on homemade activities and instant activities that incorporate fitness and object control skills with a splash of math and reading concepts to get the students moving in your classroom. This will be geared towards students K-5 along with modifications for students with disabilities in the general physical education classroom.

Room: Suite 8

Target Audience: Elementary

Presenter: Karen Fish, Adapted Physical Education Teacher, Illinois, 2015 SHAPE America Young Professional Physical Education TOY

“Personalizing Student’s Learning From the Top-Down”

Learn to use student learning centers to give students the freedom of choice to personalize their own learning, also how to design your lessons from the SHAPE national standards down to the activities the students will engage in during class. Ideas and structures you can take right back to your school and implement.

Room: Suite 2

Target Audience: Elementary

Presenter: Cory Schwartz, Physical Education Teacher, School District of Waukesha

“Golf Made Simple for Grades K-5”

This session will show you how the lifetime sport of golf could easily be introduced and added to your K – 5th grade curriculum. Tim Mueller, a Shape Midwest TOY, will introduce golf related instant activities that teach SEL, Leadership, and core values. Come learn more about the equipment, curriculum and funding available through the First Tee program and leave with many meaningful instant activity lesson ideas to implement immediately.

Room: Suite A

Target Audience: Elementary

Presenter: Tim Mueller, K-8 Physical Education Teacher, Erin School District, Adjunct Professor, Concordia University

Middle/Secondary Sessions:

“Life of the party line dancing”

Dance is an area that often gets overlooked by PE professionals because of the comfort of

teaching it. Dance can be a confidence builder while building connections in your classroom. Come and experience some fresh choreography as well as some simple modifications to some familiar line dances. Not only will you leave with some new choreography but you will be given some tips to teaching and assessing them as well.

Room: Suite 1

Target Audience: Middle/Secondary

Presenter: Molly Dado, Physical Education and Dance, Hudson School District, 2018 WHPE Secondary PE TOY, 2019 Midwest District Secondary PE TOY

“NEW SPARK APP: The FIRST Physical Education Curriculum & Assessment APP”

Vendor Session

The world’s most researched physical education & physical activity program all in the palm of your hand! Learn about the amazing features of the new game-changing tool from SPARK: View SPARK lesson plans + favorite lessons for easy access; Observe SPARK skill cards, task cards, and activity videos + access music; Conduct SPARK skill rubric assessments; Capture fitness testing; Schedule events with pop-up reminders; Track attendance; Utilize random group creator/student selector AND MORE! Leave with access to a free trial of the SPARK App.

Room: Suite 7

Target Audience: Middle/Secondary

Presenters: Julie Frank, SPARK PE Executive Director

“Cardio Drumming/Rhythms in PE”

Cardio drumming brings a great workout, high energy, dance, rhythms, social and emotional learning, and more to your PE classes. This unit is excellent for students of all ages and ability levels. All you need is a stability ball, a bucket, and drum sticks! Come drum with us!

Room: Suite H

Target Audience: Middle/Secondary

Presenter: Eliza Zwettler, Physical Education Teacher and Sadie Brown, Adapted Physical Education Teacher, Sun Prairie Area School District

Adapted PE Session:

“Adapted Sports League - Where Do I Start?”

What is an Adapted Sports League? Where do I even start? This session will be a lecture on how to start an Adapted Sports League program within your district from the ground up. This will take time, consistency, willingness to fundraise and support from administration. We will share ideas and ways to increase your odds of developing this program within your district through any means possible. Join us as we will explain the basics of how to develop a program like this and/or how to approach administration with this equal opportunity for high school students to engage in an extracurricular sports program.

Room: Mangrove

Target Audience: Adapted PE

Presenters: Korey Kleinhans, Adapted Physical Education Specialist, Oshkosh School District and Nick Slusser, Special Education Teacher, School District of Holmen

Health Session:

“They are Talking About Your Health class!”

Have you heard students complain that no one listens to their ideas because they are "just a kid?" What if you told them their ideas could be posted on a billboard or a movie screen? All students need to know that they have the ability to create positive change in their world. In this session, you will gain the skills needed to create lessons and assessments that give students the platform to safely express their ideas. You can keep the platform small and personal or expand the platform to your classroom and school. Want to take it a step further and get the community involved? Get tips on easy ways to gain community involvement and the funds to do so. Advocacy is the catalyst for lasting positive change and resiliency! Every student should be given the chance!

Room: Guava

Target Audience: Health

Presenter: Patty Zemke, Health Educator, Wausau School District, 2016 WHPE Health Education TOY, NBCT

K-12 Sessions:

“GAME ON! An American Ninja Warrior inspired event” Vendor Session

What is Game On! Come and learn the who, what, where, and why about this fitness event.

Room: Aralia

Target Audience: K-12

Presenter: MaryLee Flannigan, Ambassador of Awesomeness, Pop-Power of Purpose

“Wisconsin Physical Education Standards New and Improved”

WI Physical Education standards were reviewed, revised, rewritten during the 2019-2020 school year by a committee of educators from throughout WI. Committee members represented and gave voice to the thoughts, concerns, and understandings of Elem, Mid, HS, Higher Ed, APE, and Administration levels. In March just as the schools and state were closing the doors in response to COVID, the PE Standards were presented to the State Standards Board, accepted by the Standards board, and finalized by Carolyn Stanford Taylor Wisconsin State Superintendent of Public Instruction. Please join us as our committee of writers present the key changes that directly affect elementary, middle, high school, and ape physical education. The session will look at the major changes as a whole, and then break out into E/M/H/APE. During the breakout, the groups will be able to take a deeper dive into understanding the standards and

performance indicators.

Room: Tamarind

Target Audience: K-12

Presenters: Penny Kroening, WHPE Executive Director, Brett Fuller, MPS and Tacara Lovings, DPI Consultant

**Friday, October 29, 2021
Session 8 9:10 – 10:10 a.m.**

BREAKOUT TITLE	ROOM
Elementary:	
Games from Other Countries	Suite 1
Let's "T" It Up: Using Agility "T"s in Physical Education	Suite 8
Moving Right Away With Instant Activities!	Suite 7
Mindfulness in the Elementary PE classroom	Aralia
How Technology Can Enhance Physical Education	Tamarind
Middle/Secondary:	
How to Incorporate Dance Fitness into Secondary Physical Education	Suite 2
Implementing an Adventure Education or Outdoor Pursuits Unit using Essential Elements and Foundational Skills	Tamboti
Health:	
Get Movin' in Health Education	Mangrove
Infusing Health Skills into Your Units	Wisteria
K-12:	
Incorporating MVPA in the WSCC Model: Using Objective Data to Drive Program Effectiveness	Guava
Constructing Meaning through Exploration, Choice, and a 'Just Right Fit'	Aloeswood/Marula
Future Professional:	

Elementary Sessions:

“Games From Other Countries”

Learn some new games that are from other countries and how to incorporate learning geography within your physical education curriculum.

Room: Suite 1

Target Audience: Elementary

Presenter: Dustin Ambort, K-6 Physical Education Teacher/APE Teacher, Alma Center-Humbird-Merrillan School District

“Let’s ‘T’ It Up: Using Agility ‘T’s in Physical Education”

Discover the versatility of using the Agility “T” in Physical Education. This inexpensive piece of equipment, that you can make out of Duct Tape or yarn, will get your students thinking and moving. Agility is not the only use for the “T”. it can be used for balance and dance activities too!

Room: Suite 8

Target Audience: Elementary

Presenters: Sandy Hagenbach, Elementary Physical Educator, DePere School District

“Moving Right Away With Instant Activities!”

Physical educators know and understand the need to get students active and engaged as soon as they enter the PE classroom. This collection of instant activities serves to help teachers get students moving quickly, while also providing meaningful learning tasks designed to work toward grade-level outcomes.

Room: Suite 7

Target Audience: Elementary

Presenter: Deb Van Klei, OPEN National Trainer, District Coordinator, Stillwater Area Public Schools, MN

“Mindfulness in the Elementary PE classroom”

Mindfulness in the classroom allows for more compassion and kindness for you and your students. Let's dig into how to have your own practice, how this leads to being mindful in your classroom and how to teach mindfulness to your students. You will practice all of these skills and will be able to implement them at your school.

Room: Aralia

Target Audience: Elementary

Presenter: Tammie Fick, Physical Education Teacher, Shullsburg School District

“How Technology Can Enhance Physical Education”

How can technology enhance your physical education class? Come learn some different ways to incorporate technology into your PE class without taking away any activity time from your students. Participants will learn how to incorporate instant activities, how Seesaw can enhance your PE program, how google has helped keep lessons organized, easy ways to collaborate with the PE community and much more.

Room: Tamarind

Target Audience: Elementary

Presenter: Jeremy LaFleur, Elementary PE Teacher, Sun Prairie Area School District

Middle/Secondary Sessions:

“How to Incorporate Dance Fitness into Secondary Physical Education”

During this session we will teach a variety of dance fitness activities including hip hop tabata, ballet fitness, step aerobics, and choreographed jump roping. Be prepared to participate in the activities as well as learn about how these activities can be used for fitness options within dance or general physical education classes at the secondary level.

Room: Suite 2

Target Audience: Middle/Secondary

Presenters: Rachyl Stephenson, Assistant Professor, UW-La Crosse, Emily Krier, Berlin School District, and Megan Miller, Jenna Rollin, Mia Sterker and Mark Stoskopf, Students, UW-La Crosse

“Implementing an Adventure Education or Outdoor Pursuits Unit using Essential Elements and Foundational Skills”

What area do you need help with starting a Unit in Outdoor Pursuits or Adventure Education? What are the barriers you are experiencing? Come talk with Experienced Instructors who have implemented Adventure Education and Outdoor Pursuit units in middle school, High school, Adaptive PE and at the University level. Listen to personal experiences and a day by day plan for facilitating a ten-day unit.

Room: Tamboti

Target Audience: Middle/Secondary

Presenters: Thomas Mickschl, PETE Instructor, Jenna Starck, PETE Assistant Professor, UW-La Crosse, Rafael Ramirez, PETE Instructor, UW-La Crosse, and Steven Eggerichs, PE/APE Teacher, Holmen High School

Health Sessions:

“Get Movin’ in Health Education”

We all know that active kids are better learners. Let’s bring this to the classroom with hands-on activities that get students out of their seats and engaged in learning. This session will explore many ways to incorporate movement into skills-based health education.

Room: Mangrove

Target Audience: Health

Presenter: Joe Mihevc, Sara Batorowicz, Carthage College, Advised by Rebekah Johnson, Department Chair and Assistant Professor, Carthage College

“Infusing Health Skills into Your Units”

See how you can infuse the health skills such as; analyzing influences, goal setting, decision making, communication, and advocacy into your units. Also some hands on activities to teach the health skills to your students.

Room: Wisteria

Target Audience: Health

Presenter: Amber Damitz, Health and PE Teacher, Antigo High School

K-12 Sessions:

“Incorporating MVPA in the WSCC Model: Using Objective Data to Drive Program Effectiveness and Student Success” Vendor Session

The Whole School, Whole Community, Whole Child (WSCC) was created to support and optimize children’s social, emotional and academic development. Centered on the child, the model emphasizes a collaborative approach that highlights ten aspects of health. One measure of an effective physical education program is the assessment of moderate to vigorous physical activity (MVPA). This session provides a protocol for the use of heart rate monitors to gather MVPA data and use this data within the WSCC Model to assess student performance (daily activity, long-term goals, cross-curricular assignments, personal-social attributes), teacher effectiveness (selection of content and teacher evaluation) and communication to parents.

Room: Guava

Target Audience: K-12

Presenter: Deb S. Berkey, Heart Zones

“Constructing Meaning through Exploration, Choice, and a ‘Just Right Fit’”

As teachers, we want to create experiences that have a lasting impact on our students. How do we do this and what might it look like in action? In this session, we will explore the guiding principles of Meaningful Experiences in Physical Education and discuss tangible strategies you may consider using with your students. This session will focus on establishing a commitment to intentionality and reflection.

Room: Aloeswood/Marula

Target Audience: K-12

Presenter: Kristi Mally, Professor, Winona State University

Future Professionals Session:

“Urban Health and Physical Education”

Urban Health and Physical Education: Is it for you? Come to this session and learn about teaching health and physical education in an urban environment and the benefits that go with it. Find out how, where, and when you can apply for positions in Milwaukee Public Schools.

Room: Portia

Target Audience: Future Professionals

Presenters: Brett Fuller, Carlos Rodriguez, Chelan Landry, Milwaukee Public Schools

Friday, October 29, 2021
Session 9 10:20 - 11:20 a.m.

BREAKOUT TITLE	ROOM
Elementary: TOY Shop (continued at 11:30 a.m.)	Suite B/G
Middle/Secondary: The Trifecta for everyBODY (continued at 11:30 a.m.)	Suite 1
Health: A Healthy Helping of Skills and Stuff (continued at 11:30 a.m.)	Aloeswood/Marula
Adapted PE: How to use switches in PE for engagement	Suite A

Elementary Session:

“TOY Shop”

If you're shopping for some new ideas to bring back to your school/district stop by and check out this session featuring the 2019 and 2020 WHPE Elementary Teachers of the Year. We will be sharing some of our favorite instant activities, warm-ups, and go-to activities. Come fill you bag with some old and new activities to re-energize your classroom!

Room: Suite B/G

Target Audience: Elementary

Presenters: Kim Selby, Elementary Physical Education Teacher, Sheboygan Area School District, 2020 WHPE Elementary PE TOY and Chris Wendorf, K-5 Physical Education Teacher, Pulaski Community School District, 2019 WHPE Elementary PE TOY

Middle/Secondary Session:

“The Trifecta for everyBODY”

Wouldn't every teacher want to create a classroom of engaging culture. This active session will give reason to connect, mindfulness, growth mindset, and social emotional learning while working through your curriculum.

Room: Suite 1

Target Audience: Middle/Secondary

Presenters: Shannon Maly, Sun Prairie School District, 2021 SHAPE National High School PE TOY and Molly Dado, 2019 Midwest Secondary PE TOY

Health Session:

“A Healthy Helping of Skills & Stuff”

How do you make your curriculum come to life with skill standard activities? Whether using them to make a social-emotional connection, engaging students with an introductory hook, or just giving them some great practice, skill activities can be just what you need to breathe some life into your curriculum. Come join three of Wisconsin’s homegrown Teachers of the Year for some fun with Skills & Stuff.

Room: Aloeswood/Marula

Target Audience: Health

Presenters: Allisha Blanchette, DC Everest School District, 2020 Midwest District Health TOY, Mary Wentland, Lakeland Union High School, WHPE 2012 Health Education TOY and Patty Zemke, Wausau School District, WHPE 2016 Health Education TOY

Adapted PE Session:

“How to use switches in PE for engagement”

Do you have students who come to your class with limited mobility? Come learn about how you can use switches and other manipulatives to make PE more accessible for ALL students. It will help you learn ways to make class universally designed and give you hands-on experience with using switches and ways to incorporate them into PE.

Room: Suite A

Target Audience: Adapted PE

Presenter: Sadie Brown, Adapted PE Teacher, Sun Prairie Area School District, 2020 WHPE Adapted PE TOY



Friday, October 29, 2021
Session 10 11:30 a.m. - 12:30 p.m.

BREAKOUT TITLE	ROOM
<p style="text-align: center;">Elementary:</p> TOY Shop (continued from 10:20 a.m.)	Suite B/G
<p style="text-align: center;">Middle/Secondary:</p> The Trifecta for everyBODY (continued from 10:20 a.m.)	Suite 1
<p style="text-align: center;">Health:</p> A Healthy Helping of Skills and Stuff (continued from 10:20 a.m.)	Aloeswood/Marula

Elementary Session:

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Room: Suite B/G

Target Audience: Elementary

Presenters: Kim Selby, Elementary Physical Education Teacher, Sheboygan Area School District, 2020 WHPE Elementary PE TOY and Chris Wendorf, K-5 Physical Education Teacher, Pulaski Community School District, 2019 WHPE Elementary PE TOY

Middle/Secondary Session:

“The Trifecta for everyBODY”

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Room: Suite 1

Target Audience: Middle/Secondary

Presenters: Shannon Maly, Health and Physical Education Teacher, Sun Prairie Area School District, 2021 SHAPE National High School PE TOY and Molly Dado, Physical Education and Dance Teacher, Hudson School District, 2019 Midwest Secondary PE TOY

Health Session:

“A Healthy Helping of Skills & Stuff”

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2021 WHPE Convention Exhibitors

ABEE Inc.

Alicia Bourke
alicia@abeeinc.com

Bowling Centers Assoc of WI

Yvonne Bennett
yvonne.bennett@bowlwi.com

Dairy Farmers of Wisconsin

Karen Doster
kdoster@wisconsinmilk.org

Dazzling Dave Yo-Yo Master

Dave Schulte
dave@dazzlingdave.com

Dove Self-Esteem Project

Antionette Meeks
antionette@clairnguidance.com

First Tee

David Cohn
dcohn@firstteeseew.org

GAME ON

MaryLee Flannigan
marylee@pop4kids.com

Gopher Sport

John Dooley
johndooley@gophersport.com

Health.Moves.Minds – SHAPE

Stephanie Morris
smorris@shapeamerica.org

Heart Zones Inc.

Deb Berkey
deb.berkey@heartzones.com

Lee Recreation

Kyle Krueger
kyle@leerecreation.com

Omnikin, Inc.

Scott Williams
coordinatorUSA@omnikin.com

Outdoor Tomorrow Foundation

Scot McClure
Scot@GoOTF.com

Palos Sports, Inc.

Tim Taggart
ttaggart@palossports.com

Polar Electro Inc.

Jeff Gagstetter
jeff.gagstetter@polar.com

Skatetime School Programs

Brian Goodmanson
briangoodmanson@skatetime.com

Speed Stacks, Inc.

Matt Burk
mburk@speedstacks.com

SPARK

Julie Frank
juliefrank@sparkpe.org

Summit Commercial Fitness

Sue Moore
smoore@summitcf.com

United States Fistball Association

Ron Jesswein
Rjesswein4@gmail.com

USTA/Midwest Section

Greg Boyd
greg@midwest.usta.com

UW Stevens Point – School of Education

Cathy Scheder
cscheder@uwsp.edu

UW Oshkosh CAPP

Sarah Adelson

capp@uwosh.edu

Wisconsin Disc Sports Association

Terry Miller
terry@prodiscgolfer.com

2021 Convention Committee

Convention Managers

Penny Kroening
Nicole Popowich

Convention Coordinators

Dan Timm
Wendy Wiesjahn

Exhibits

Keith Bakken
Kris Fritz
Mary Kennedy

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Mary Kennedy
Jan Kunert

Photographer

Brenda Erdman

